

September - Back to School

Low Tech - Step-By-Step Activity



**Calendar for
Climate
Change**

Quid-Pro-Guo - Inter-generational
Education to Ease Global Warmi



Step-by-Step Guide

Climate Change Topic	Back to School		
High-tech or Low-tech?	Low-Tech		
Duration of Activity (in minutes)	30 minutes-1 hours, and then repeat process every few weeks.	Learning Outcome	✓ Understand how to reuse or upcycle waste clothes.
Materials Required for Activity	<ul style="list-style-type: none"> • Old clothing items • 2x recyclable bags (one bag for donations and one bag for reusing or repurposing) 		
Step-by-step instructions	<p>Support the processes of reusing or upcycling waste clothing by going through your clothes at home and separate them for either donations or for upcycling.</p> <p>In this activity, we will help you to learn more about how you can help by reusing and upcycling waste clothing items at home! Follow these steps to get started:</p> <p>Step 1: Go to your wardrobe at home and go through all your clothing items.</p> <p>Step 2: Try on your clothing items to see if they still fit, good quality and if you still wear them. Think about whether you would wear these items again!</p> <p>Step 3: Now here’s the hard part! It’s time to decide what stays and what goes. Consider if these clothing items no longer serve you or not, would someone else find benefit from them, or can you find a way to reuse or upcycle them?</p> <p>Step 4: Next it’s time to get your recyclable bags. Put the clothing items that no longer serve purpose for you but someone else could use them in one bag. Then put the clothing items that you think might be able to be reused or upcycled.</p> <p>Step 5: Consider whether you want to pass these clothing items on to someone close to you who might find use for them or find a charity to donate them to.</p>		



Step 6: For the clothing items that you have decided to keep, the following links will help you to reuse or upcycle your chosen items:

- 9 ways to reuse your old clothes:
<https://www.savesthestudent.org/shopping/fashion/how-to-upcycle-your-old-clothing.html>
- 10 ways to upcycle old clothes:
<https://www.rd.com/article/upcycle-clothes/>


Step 7: Repeat this process when your wardrobe is looking a little full!



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